

Personal Information



Name	Alireza Rabbani
Nationality	Iranian
Birthday	24 Aug, 1984

Education

Sep 2014-May 2018	PhD, Exercise Physiology , University of Isfahan, Isfahan, Iran <i>“Monitoring training status using heart rate measures and salivary biochemical indicators in professional soccer players”</i>
Sep 2007-Sep 2009	MSc, Exercise Physiology , University of Isfahan, Isfahan, Iran <i>“Comparison between effects of endurance and concurrent training in combination with soccer drills on some of physiological factors in youth players”</i>
Sep 2003- Sep 2007	B.Sc, Physical Education & Sport Sciences , Najafabad University, Isfahan, Iran <i>“Effect of soccer match induced functional fatigue on dynamic postural control in collegiate soccer players”</i>

Certifications

2017	AFC 'Fitness' Coaching Certificate-Level A-Part1 [Attendance] Esfahan, Isfahan, Iran
2016	AFC 'B' Football Coaching License Shahrekord, Isfahan, Iran
2014	FIFA 'Fitness' Coaching Certificate-Refreshing course Tehran, Iran
2014	Youth Soccer Players' Development Course (Sepahan F.C) In cooperation with Vergata University (Rome, Italy), Isfahan, Iran
2011	Certified Strength and Conditioning Specialist (CSCS, NSCA) National Strength and Conditioning Association, USA Valid until Dec 2023
2009	Certified Conditioning Specialist (Iran National Olympic Committee) Excellent score, 1 st position in ranking after passing theoretical and practical exams
2008	AFC 'C' Football Coaching License Isfahan, Iran

Work Experiences

Aug 2020-.....	Head of Performance [Sport Scientist, Fitness Coach] Sepahan F.C
Dec 2019-July 2020	Sport Scientist, Fitness Coach [First Team] Esteghlal Tehran, Iran Vice Champion in Premier League and elimination Cup
Nov 2018-Oct 2019	Sport Scientist, Fitness Coach [First Team] Sporting Clube de Portugal, Lisboa, Portugal Portugal Cup [TACA DE PORTUGAL] (2018-2019) Champion-Sporting Club de Portugal Allianz Cup (2018-2019) Champion-Sporting Club de Portugal
2016	Fitness Coach, Football Physiologist Sepahan F.C (First Team), Isfahan, Iran
2015 (Jan-March)	Intern Football Physiologist. Aspire Academy, Doha, Qatar
2015	Soccer Fitness Coach- Sepahan F.C (U19 Team), Isfahan, Iran
2012-2014	Soccer Fitness Coach -Sepahan F.C (U16 Team), Isfahan, Iran
2010-2011	Soccer Fitness Coach Sepahan F.C (U14 Team), Isfahan, Iran
2009	Soccer Fitness Coach- Jey F.C (First Team), Isfahan, Iran
2008	Soccer Fitness Coach-Zahraian F.C (U18 Team), Isfahan, Iran
2007	Soccer Fitness Coach-Patulaleh F.C (U17 Team), Isfahan, Iran
